

An informative read of news, studies, facts & help



FAREWELL TO DR DAVID BRUMLEY

It is with great sadness that the region says good-bye to Dr David Brumley, Palliative Care Physician. David has dedicated his life's work to palliative care, and has achieved great accomplishments in palliative care in the Grampians region.

He was instrumental in the founding of Ballarat Hospice Care Inc and became Medical Director from 1987-88 and then from 1992 to the present. He was also influential in the establishment of Gandarra Palliative Care Unit at Ballarat Health Services and went on to hold the position of Clinical Director of Palliative Care at Ballarat Health Services.

David was one of the inaugural and current members and past Treasurer of the Australian and New Zealand Society of Palliative Medicine. He has been Chair and member of the Victorian Anti-Cancer Council Co-Operative Oncology Group Palliative Care Sub-Committee.



David's passions have extended to quality and education in palliative care as demonstrated by his past work as Accreditation Lead, Palliative Medicine Education Committee, Chapter of Palliative Medicine, Royal Australasian College of Physicians. He also been a Senior Lecturer at the University of Melbourne since 2005, and at Deakin University, working as an occasional lecturer at the University of Notre Dame. He has also enjoyed General Practice Registrar teaching with Southern Group Training, conducting half day workshops in palliative care and persistent pain. David was also a member of the Palliative Care Expert Group that revised the small textbook Therapeutic Guidelines Palliative Care Versions 2 and 3.

As a member of Communications Group, Chapter of Palliative Medicine, Royal Australasian College of Physicians and as a facilitator of the Cancer Council of Victoria Communication Workshops, David has strived to advance palliative care by teaching effective communication skills to all health care professionals. This is not only to improve the experience for the patient but also the clinician. His dedication to this skill led to him developing and facilitating the Cancer Council workshop "Talking about Dying". Palliative Care Victoria awarded David with life membership for his significant and sustained contributions to the objectives of PCV and its mission and vision.

Over the last ten years David has regularly travelled, auspiced by Australasian Palliative Links International (APLI), Asia Pacific Hospice Network (APHN) and privately to various sites in South East Asia, including Malaysia, Vietnam and India, teaching palliative care.

It is with great pleasure and pride that I wish David well for the future whatever challenges that it may bring. David's commitment to local services, to the Grampians region and to the specialty of palliative care is a credit to him. His legacy to palliative care and our region will be the sector's commitment to education and better communication skills for clinicians.

Jade Odgers Manager



PALLIATIVE CARE VICTORIA CONFERENCE 2014

31 July - 1 August 2014

Theme: Living, Dying & Grieving well Venue: Bayview Eden, Melbourne Website: www.pallcarevic.asn.au

Contact: Heather Stevens, conf@pallcarevic.asn.au Ph 9662 9644

The premier networking and professional development event for palliative care in Victoria, this conference is a great opportunity to come together to learn, network and be inspired. It brings together more than 300

professionals from the palliative sector and related healthcare fields.

DYING TO KNOW DAY - 8 AUGUST

Dying to Know Day is an annual day of action dedicated to bringing to life conversations and community actions around death, dying and bereavement. www.dyingtoknow.org

Did vou know?

- 75% have not had end of life discussions
- 60% think we don't talk about death enough
- Over 70% of us die in hospital though most of us would prefer to die at home
- Very few of us die with an Advance Care plan (less than 10 percent)
- The number of Australians aged 65 and over will double by 2050 increasing our need to plan while
 well and share our wishes with our loved ones.

We want to encourage all Australians to:

- develop their death literacy
- make their end of life plans such as a will and advance care plan
- share these wishes with their families
- get informed about end of life and death care options such as dying at home, home and community led funerals and natural burial
- be better equipped to support family and friends experiencing death, dying and bereavement.

What can you do?

- Organise an event in your local community
- Host a Death Cafe
- Take a personal action such as writing your will or having a conversation with a loved one.

Inspired by the <u>Igniting Change</u> book, *Dying to Know*, D2K Day believes there is a HUGE amount of unharnessed death-related knowledge in the Australian community. A national day of action provides a way for people to share knowledge and become better equipped to deal with death!

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